

BEST PRACTICE - I

1. Title of the Practice:

“Fighting against COVID19”

2. Goals:

- To protect the local community against the Pandemic disease
- To strengthen the Government in eliminating COVID

3. The Context:

As the entire country is facing disastrous impairment due to Covid, assisting the Governments in controlling and eradicating the disease is inevitable and responsibility of HEIs.

4. The Practice:

The college community involved in fighting against COVID-19, joining hands with the Government of India. The management, staff and students involved in various public covid relief activities. The NSS and NCC students were the frontline warriors. The NSS and the faculty members of our college distributed *Kabasura kudineer* in and around Kanniyakumari. The college was used as COVID isolation centre. The college organised various Mass Vaccination Camps for the staff, students and public in the campus.

5. Evidence of Success:

The campus strictly adhered to the COVID guidelines issued by the Government. All staff members have vaccinated twice and eligible students also have vaccinated. No Covid positive cases among staff and students were found after reopening the college.

6. Problems Encountered and Resources Required:

- The fear of COVID made many people to join in the relief measures.
- Initial hesitation from students in vaccination.

The College organised awareness campaigns and motivated the students and community on COVID-19.

BEST PRACTICE – II

1. Title of the Practice:

“Mentor-Mentee System”

2. Goals:

- The college student mentor is both a friend and a role model who supports and encourages a younger partner in his/her academic and personal growth.
- The mentor is also a guide who helps a young person make the difficult change from School Education to higher education.

3. The Context:

In recent years, mentoring has emerged as a strong response to the plight of youth at risk. On college campus, mentoring programs have expanded rapidly with increasing numbers of college students working one-to-one with young people in colleges, community agencies, and other settings. Mentors and young people develop their relationships as they participate together in social, cultural, and recreational activities, community service projects, tutoring, and many different activities. Whatever the activity, mentoring provides guidance and support to vulnerable adolescents and establishes service as an integral part of student life and the college experience. All the activities carried out focus on the following key aspects:

- Gain personal satisfaction
- Develop patience, insight, and understanding
- Learn lessons in citizenship through work with the community
- May experience a cultural, social, or economic background different from their own
- Improve leadership and communication skills
- Gain experience for future careers in public service, social work, teaching, and more

4. The Practice:

College campuses have a rich variety of academic, cultural, and recreational resources to expand a student’s horizons. College students make excellent mentors because they are close enough in

age to young people to establish strong relationships, yet mature enough to offer guidance. Campus-based mentoring supports good citizenship. When mentoring programs combine work in the community with training and reflection, mentoring becomes a “real life” learning experience and a first step in a life-long commitment to service.

5. Evidence of Success:

There are very few aspects of the college experience more important than forming meaningful mentor relationships. Students need mentors to assist in navigating the complexities of higher education, and the uncertainty and anticipation of what post-college life has in store. The importance of mentors is often overlooked and undervalued until students experience the impact of mentorship for themselves. Even then, the mentor-student bond is often so organic and effortless that students might not initially realize the relationship’s positive impact. Perhaps the most positive aspect of mentorship is the fact that it can take place on any campus. Mentoring is a valuable strategy to provide students with emotional and instrumental support what they need to achieve the goal of a college degree. By providing information, guidance, and encouragement, mentors can play an important role in nurturing students’ college aspirations. In addition, mentoring for students in college helps them to feel more connected and engaged on campus, which can ultimately improve student outcomes.

6. Problems Encountered and Resources Required:

- Inadequate Timing (Excluding Working Hours).
- Different atmosphere (Students Staff).
- Circumstances.
- Needed parents’ support.
- Rustic atmosphere.

Perhaps the most valuable aspect of mentorship is that each partnership is unique based on a student’s individual circumstances, chosen field of study and career goals. College mentors can have a life-changing effect on a student’s career by empowering them with the guidance, confidence and skills necessary to succeed. So, when high school students are in their college search process, they would be wise to ask detailed questions about the mentoring program on each campus.